

# AAPI HERITAGE MONTH

a month that celebrates Asians and Pacific Islanders in the US.

## DID YOU KNOW...



- “Asian/Pacific Islander (API)” is a very broad term. It encompasses not only larger countries like China, Japan, and India, but also places like New Guinea, Fiji, Samoa, and Easter Island. This umbrella term also includes many ethnic groups (e.g. in China alone, there are 56 officially recognized ethnic groups).
- There is some controversy in the community over the term, due to the fact that Pacific Islanders experience a distinctly different set of struggles, racial stereotypes, and economic issues than Asian Americans.

## WHY MAY?



The month of May was selected to commemorate both the first Japanese immigrants to the US on May 7, 1843, and the completion of the transcontinental railroad on May 10, 1869 (the majority of workers who laid tracks were Chinese immigrants).

## LEARN MORE & SUPPORT

### Asian Pacific Heritage Month

<https://www.asianpacificheritage.gov/>

### Stop AAPI Hate

<https://stopaapihate.org/>

### Resources, ways to support Asian-American community in St. Louis

<https://www.ksdk.com/article/news/local/resources-aapi-aahnpi-anti-asian-hate-st-louis/63-6be03f3b-0936-47af-86b2-36818e70019d>



### A guide to combating anti-Asian racism — from relationships to the workplace

<https://www.nbcnews.com/specials/guide-to-combating-anti-asian-racism/>

### The inadequacy of the term “Asian American”

<https://www.vox.com/identities/22380197/asian-american-pacific-islander-aapi-heritage-anti-asian-hate-attacks>

## THANKS FOR READING!

Thanks for taking the time to learn more about AAPI Heritage Month. Educating yourself and others is an important first step to combating stereotypes and supporting the AAPI community.



**“The beauty of anti-racism is that you don’t have to pretend to be free of racism to be anti-racist. Anti-racism is the commitment to fight racism wherever you find it, including in yourself. And it’s the only way forward.”**  
(Ijoema Oluo)

# STL + AAPI HERITAGE MONTH

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Here are some great ways in St. Louis to celebrate AAPI Heritage Month.

## **AAPI Heritage Month @ SLCL**

The St. Louis County Library has over 75 programs scheduled for all ages, including author events, book and film discussions, cooking demonstrations, art programs, and more.

<https://www.slcl.org/content/asian-american-pacific-islander-heritage-month>

## **AAPI Heritage Month @ SLPL**

St. Louis Public Library has many programs scheduled in May designed to explore the experience of Asian Americans & Pacific Islander Americans in history and culture, and honor their influence on society.

<https://www.slpl.org/news/asian-american-pacific-islander-heritage-month/>

## **Check out AAPI-owned restaurants, businesses, and artists**

St. Louis is home to many great restaurants and eateries, businesses, and artists. Here are some great lists to get you started!

<https://www.stlcitysc.com/news/united-by-city-aapi-heritage-month>

<https://www.aapirestaurantweeks.com/directory/st-louis>

<https://stlbucketlist.com/f/aapi-st-louis-bucket-list?blogcategory=Guide>

Organizations in St. Louis promoting and advocating for AAPI causes:

1

### **Very Asian Foundation**

<https://www.veryasianfoundation.org/>

2

### **OCA-STL (OCA - Asian Pacific American Advocates)**

<http://www.oca-stl.org/>

3

### **Asian American Chamber of Commerce - STL**

<https://aacstl.org/>